

Information on Gymnastics

BELVOIR ACTIVITY CENTRE – 02890 642174

Listed below are the classes we offer to recreational children, along with age ranges.

DAY	CLASS	TIME	AGE GROUP
MONDAY	RECREATIONAL GIRLS	3.30pm – 5.00pm	6 YEARS+
WEDNESDAY	KINDERGYM MIXED	11.45am – 12.30pm	2 – 4 YEARS
WEDNESDAY	MINI GYM BOYS	3.15pm – 4.00pm	5 YEARS+
WEDNESDAY	RECREATIONAL GIRLS	3.30pm – 4.30pm	6 YEARS+
WEDNESDAY	ADVANCED REC GIRLS	4.30pm – 6.00pm	8 YEARS+
WEDNESDAY	ADVANCED REC BOYS	4.30pm – 6.00pm	8 YEARS +
WEDNESDAY	SQUADS	3.30pm – 6.00pm	
FRIDAY	MINI GYM MIXED	3.00pm – 4.00pm	4&5 YEARS
FRIDAY	RECREATIONAL GIRLS	4.00pm – 5.00pm	6 YEARS+
FRIDAY	RECREATONAL GIRLS	5.00pm – 6.00pm	6 YEARS+
FRIDAY	SQUADS	3.30pm – 6.00pm	

LOUGHMOSS LEISURE CENTRE – 02890 814884

Below is information on our gymnastics classes.

DAY	CLASS	TIME	AGE GROUP
MONDAY	KINDERGYM MIXED	10.00am – 10.45am	2 - 4 YEARS
THURSDAY	MINI GYM MIXED	3.00pm – 4.00pm	4&5 YEARS
THURSDAY	RECREATIONAL GIRLS	4.00pm – 5.00pm	6 YEARS+
THURSDAY	FLEDGLING SQUAD	3.30pm – 5.00pm	

ROBINSON CENTRE – 02890 703948

Below is information on our gymnastics classes.

DAY	CLASS	TIME	AGE GROUP
TUESDAY	MINI GYM MIXED	3.30 – 4.30	4&5 YEARS
TUESDAY	RECREATIONAL GIRLS	4.30 – 5.30	6 YEARS+

To place your child's name on a waiting list, please contact your relevant centre. The centre will contact you when a place becomes available.

IF IN DOUBT PLEASE DO NOT HESITATE TO ASK FOR FURTHER INFORMATION FROM ANY OF OUR COACHES.