

## Robinson Centre Class Timetable

<b>Monday</b>	Body Toning	10.00-11.00
	Circuits	12.30-13.30
	Jazz Dance *	15.00-17.00
	Body Pump	17.30-18.25
	Body Combat	18.30-19.30
	RPM	18.30-19.15
	Body Balance	19.30-20.30
	Aerobics	20.30-21.30

<b>Tuesday</b>	Aerobics	10.00-11.00
	Yoga	11.00-12.00
	Gymnastics *	15.30-17.30
	Fat Burner	18.00-19.00
	RPM	18.00-18.45
	RPM	19.00-19.45
	Body Jam	19.00-20.00
	Body Attack	20.00-21.45

<b>Wednesday</b>	Body Toning	10.00-11.00
	Pilates	12.30-13.30
	Body Pump	17.30-18.30
	RPM	18.30-19.15
	Body Combat	18.40-19.30
	Bums and Tums	19.30-20.30
	Body Pump	20.30-21.30

<b>Thursday</b>	Aerobics	10.00-11.00
	Body Toning	12.30-13.30
	Ballet *	15.30-18.30
	Body Combat	18.30-19.30
	RPM	18.30-19.15
	Body Attack	19.30-20.30

<b>Friday</b>	Young at Heart	10.00-11.00
	Body Pump	18.00-19.00

<b>Saturday</b>	Body Pump	10.00-11.00
	Body Jam	11.15-12.15
	Karate *	12.15-13.15

<b>Sunday</b>	Body Combat	12.00-13.00
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**\* These classes are not part of the Breathe membership.**