

COMMUNITY SPORTS PROGRAMMES

| Day | Project / Programme | Timescale |
|------------|--|---|
| Monday | Boccia League – Cregagh Community Centre | October – November 10-12noon |
| Tuesday | | |
| Wednesday | Multi Skills – Ballyoran Community Centre Disability Club – Dungoyne Centre, Ballybeen. | September – December 7.30-9pm September – December 6- 7.30pm |
| Thursday | Older and active – Cregagh Community Centre | September – December 10.30am |
| Friday | | |
| Saturday | Midnight Street Soccer – Henry Jones Pitches | September – December 9pm - 12 midnight. |

If you are interested in any of the above or have a question regarding sport in your community please contact Kelly Dougan, 02890 494543 or 07903714593.